# REVISION #3 Bhante Punnaji Lesson on Paţícca-Samuppāda

**Antecedental Concurrence** 





#### **TYPES OF ANTECEDENCES**



#### There are 3 kinds of Antecedences:

- Temporal eg. striking the bell continuously where every strike is occurring one after another in time.
   (Based on Time existential)
- Spatial eg. a row of marbles are placed next to each other one after another in position (space).
   (Based on Space existential)
- III. Logical eg. the English alphabets A to Z where A comes before B, B before C, C before D, and so on.
  (Based on Logic or Necessary Conditions experiential)
- Paticca-Samuppāda is about <u>logical antecedence</u>.

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# PAŢICCA-SAMUPPĀDA



## Sanskrit: "Pratītyasamutpāda"

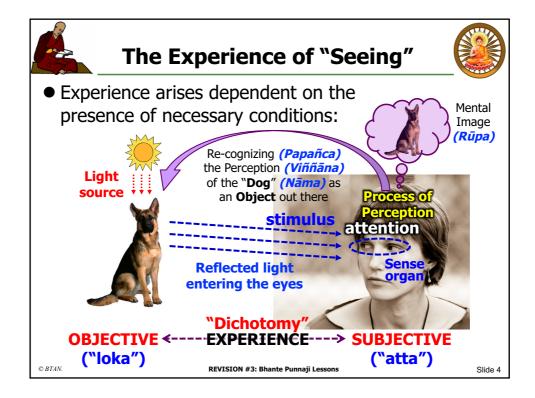
- "Prati" = coming before, preceding
- "Itya" = being
- "Sam" = simultaneous
- "Utpāda" = coming into being, arising

# PAŢICCA-SAMUPPĀDA (Antecedental Concurrence)

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#### **Sensation of Colours**



- The simple act of seeing a colour triggers a <u>spontaneous</u> <u>reaction</u> in the central nervous system - this is automatic;
- It isn't caused by any <u>association</u>, but <u>by the wavelength</u> of the colour;
- Objects reflect light at different wavelengths, and our brain interprets these wavelengths as different colours;
- Blue (the shortest wavelength) through green and yellow, to red (the longest wavelength);
- The long wavelengths (red & orange colours) are said to arouse (aggitate) the nervous system - heartrate and blood pressure increase.
- The short wavelengths (blue, green & violet colours)
  are meant to relax the nervous system.

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#### MIND AS AN ACTIVITY



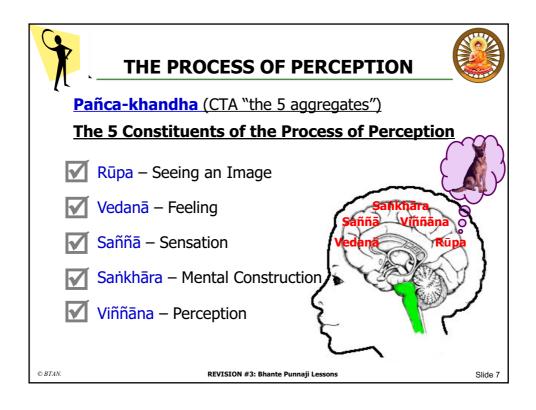
#### THREE PARTS OF MENTAL EXPERIENCES:

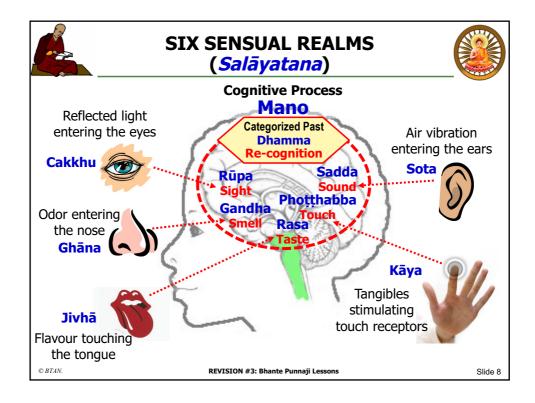
- Viññāna : Process of Perception (Perception)
  - > what was perceive through the sense organs;
- Mano : Cognitive Process (Cognition & Conception)
  - ➤ categorized interpretation (papañca) of the perception by giving meaning (nāma) to what was perceived (rūpa);
- Citta : <u>Affective Process</u> (*Mood / Temperament*)
  - emotional reaction (tanhā) from emotional excitement to pleasant & unpleasant feelings (vedanā) giving rise to mood or temperament (emotional state of mind);
  - ▶ personalizing (upādāna) the experience leading to the notion of a <u>self-centered</u> existence.

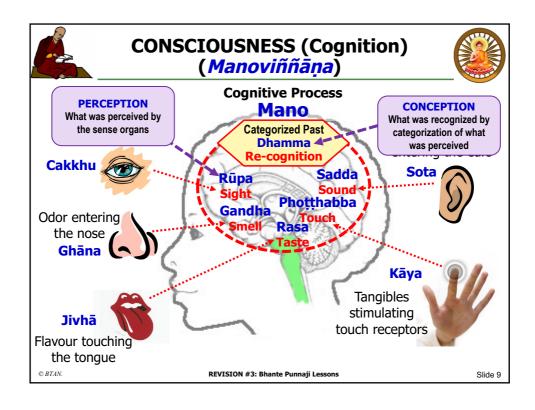
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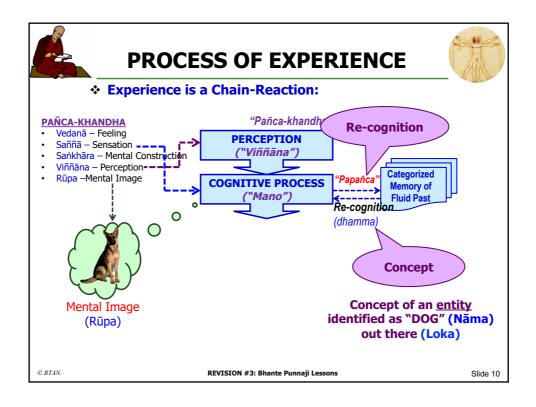
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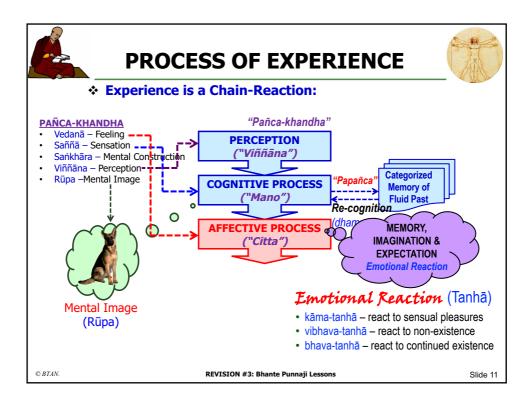
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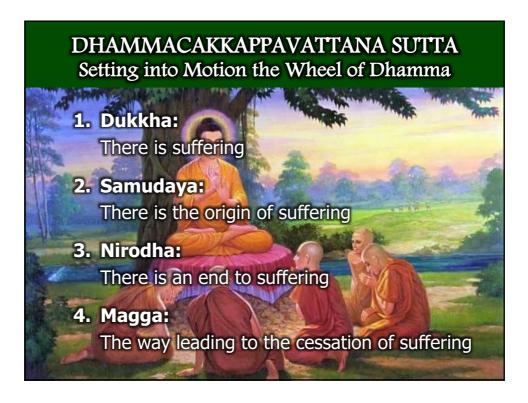














#### THE FIRST NOBLE TRUTH



#### THERE IS SUFFERING (DUKKHA)

- This is the noble truth of suffering: (1) birth is suffering, (2) aging is suffering, (3) illness is suffering, (4) death is suffering;
- (5) <u>separation</u> from what is **pleasing** is suffering;
- (6) <u>union</u> with what is **displeasing** is suffering;
- (7) not to get what one wants is suffering;
- in brief, (8) the **five aggregates subject to clinging** (*pañcupādānakkhandhā*) is suffering.

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#### THE SECOND NOBLE TRUTH



### ORIGIN (CAUSE) OF SUFFERING (SAMUDAYA)

- It is this <u>craving</u> (tanhā) which leads to <u>renewed</u> <u>existence</u>, accompanied by <u>delight</u> and <u>lust</u>, seeking delight here and there;
- that is, **craving** for <u>sensual pleasures</u>, kāma-tanhā
- **craving** for <u>non-existence</u>, <del>vibhava-tanhā</del>
- craving for continued existence.

bhava-tanhā

Tanhā = Emotional reactions ("craving")

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#### **Pañcupādānakkhandhā**



- These <u>Five Constituents of the Process of Perception</u>
   (pañcupādānakkhandhā) when personalized (upādāna) becomes the personality or "self."
- In other words, **personalization** produces the **personality or self**.
- It is at this stage that a distinction is made between the **self** and the **not self**.
- <u>Personalizing</u> (*upādāna*) the **subjective process** makes it "mine," and <u>alienating</u> the **object** makes it "not mine."
- In other words, what is **personalized** (*upādāna*) turns it into the personality (*upādāna paccayā bhavo*).
- What is **alienated** becomes the external object.
- It is the external object that we may fall in love with or begin to hate.
   To fall in love is to want to make the "not mine" object as "mine."

Level 3 book page 50 (49-50)

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# Linking Bodily Sensations



- Sensation (saññā) of brushing on the hand
- <u>Feeling</u> the pleasant sensation (*vedanā*) and seeing <u>fake hand</u> being brushed
- Associating <u>how we feel</u> with <u>what we see</u> (multi-modality association)
- <u>Personalizing</u> (*upādāna*) the fake hand based on this association

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